SIS AUTHOR SPOTLIGHT

All That Remains

Book Club Discussion Guide

A free, thoughtful companion for readers and groups to reflect, discuss, and respond with honesty.

AUTHOR · SPEAKER · MINISTER

A free SIS Author Spotlight resource

Contents

Use the section titles and page numbers to return to a gathering, leader note, or reflection space.

Welcome to the Book Club

All That Remains: A Journey of Surrender invites readers to consider the questions that rise in relationships and in faith: What have I believed? What have I carried alone? What happens when life does not unfold as expected? Where can trust begin again?

This free companion is designed to help a book club stay with those questions long enough for thoughtful conversation. It does not offer a formula for relationships or promise a particular outcome. Instead, it makes room for reflection, Scripture, attentive listening, and an honest next step.

Use it with friends, a church book club, a women's or men's gathering, a ministry team, or a personal reading partner. No one needs to share more than they want to share.

> Important note: This guide names themes from the book and contains no quotations, reproduced passages, or invented page references. Reading assignments are intentionally flexible so they work across print, ebook, and audiobook formats.

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Host Introduction

Your role is not to teach the book or make every conversation land perfectly. Your role is to create a welcoming space where people can listen carefully, speak honestly, and let the themes of the book lead them toward prayerful reflection.

Before you begin

- Choose a consistent meeting length of 60–75 minutes.
- Ask every participant to obtain a copy of All That Remains: A Journey of Surrender in their preferred format.
- Let participants know that the group will discuss themes, not evaluate anyone's relationship, faith, or decisions.
- Encourage each person to bring a Bible and something to write with. The optional Scripture references are KJV references only.
- Decide whether you will meet in person or online. For online meetings, use a visible "raise hand" rhythm or a host-led round so quieter voices have room.

A gentle host posture

- Invite; do not pressure.
- Let people pass on any question.
- Keep the conversation in the first person: "I noticed," "I wondered," "I have experienced."
- Resist turning someone's story into a problem to solve.
- Do not promise healing, reconciliation, or a relationship outcome. Surrender is an ongoing faith posture, not a guarantee.
- If someone discloses a need for pastoral, mental-health, legal, financial, or safety support, follow up privately and encourage appropriate local help.

Participation Guidance

Read this aloud at the first gathering.

We agree to:

- keep personal stories shared in the group private, except where safety requires seeking help;
- honor different experiences without debate, diagnosis, or comparison;
- speak from our own lives rather than assign motives to others;
- allow silence, tears, questions, and the option to pass;
- offer encouragement without trying to control another person's choices;
- stay curious about what God may be inviting each of us to notice.

Opening affirmation: "God, make this a place of grace and truth. Help us listen well, speak honestly, and respond to You with open hearts. Amen."

A Simple Weekly Rhythm

Each gathering can follow this rhythm:

1. Arrive and check in — 10 minutes

Invite everyone to name one word for how they are arriving. Keep it light unless the group wishes to share more.

2. Opening reflection — 5 minutes

Read the week's theme and optional KJV Scripture reference. Sit quietly for one minute.

3. Book conversation — 30–40 minutes

Use the prompts that feel most useful. You do not need to answer every question.

4. Personal reflection — 5 minutes

Give each person quiet time to write a response.

5. Prayer or closing word — 5 minutes

Invite voluntary prayers, or use the provided closing prayer.

Reading rhythm

Read the next substantial section of the book before each session, stopping at a natural chapter break. Because editions and formats can vary, the host may simply say, "Read forward until the next gathering, and notice where this week's theme appears." The goal is a shared reflective pace—not identical page counts.

Week 1 — The Questions We Bring

Theme: Relationship questions can become an invitation to honest reflection.

Read before gathering: Begin the book and read through the next natural chapter break. Notice the relationship questions, tensions, or longings that surface.

Optional KJV Scripture reference: Psalm 139:23–24

Conversation Prompts

1. What first drew you to read All That Remains in this season?
2. What relationship question—past or present—has shaped you most deeply?
3. Which is harder for you: asking an honest question, waiting for an answer, or accepting that an answer may be incomplete?
4. Where have you felt pressure to appear certain when you were actually confused or hurt?
5. What would it look like to let a question lead you toward God rather than away from Him?

Personal Reflection

Complete this sentence privately: “The question I most need to bring honestly before God is…” You do not have to solve it tonight. Simply name it.

NOTES AND PRAYER

Closing Prayer

God, You know the questions we carry. Give us courage to bring them into Your presence and gentleness as we hear one another. Amen.

Host Note

The goal this week is safety, not disclosure. Keep questions open and do not ask participants to explain a relationship story in detail.

Week 2 — What We Inherited

Theme: Some beliefs guide us; others need to be examined.

Read before gathering: Continue reading to the next natural chapter break. Notice messages about love, faith, strength, expectations, family, or identity that seem to have been received rather than consciously chosen.

Optional KJV Scripture references: Romans 12:1–2; Acts 17:10–12

Conversation Prompts

1. What beliefs about relationships or faith did you inherit from family, culture, church, or past experience?
2. Which inherited belief has been life-giving? Which one has felt heavy or limiting?
3. How can we honor where we come from while still examining what is true and helpful?
4. Where might you have confused a familiar pattern with a faithful pattern?
5. What truth about God's care do you want to hold more firmly this week?

Personal Reflection

Write: "I learned that I should always..." Then ask: "Is this belief leading me toward truth, freedom, wisdom, and love?" Offer the answer to God without shame.

NOTES AND PRAYER

Closing Prayer

God, renew our minds with Your truth. Help us keep what is good, release what is harmful, and receive the wisdom we need for today. Amen.

Host Note

Do not let this become a conversation of blame toward parents, churches, or past relationships. Re-center the group on personal awareness and grace.

Week 3 — When Self-Reliance Feels Safer

Theme: Independence can protect us, but it cannot carry everything.

Read before gathering: Continue to the next natural chapter break. Notice moments where self-protection, strength, independence, or carrying the load alone become part of the story's reflection.

Optional KJV Scripture references: Proverbs 3:5–6; 1 Peter 5:7

Conversation Prompts

1. When have you felt most tempted to carry everything alone?
2. What does self-reliance promise us in the moment?
3. How can healthy responsibility differ from refusing support?
4. Who has helped you see that receiving care can also be an act of strength?
5. What is one burden you may need to name rather than manage alone?

Personal Reflection

Make two brief lists: What is mine to do and What I need to place in God's care or share with trusted support. Choose one item from the second list to pray about this week.

NOTES AND PRAYER

Closing Prayer

Lord, free us from the pressure to be our own source of strength. Give us wisdom for our responsibilities and humility to receive Your care through prayer and trusted people. Amen.

Host Note

Some participants may have learned self-reliance in response to harm or instability. Treat that reality with respect. Avoid naming dependence as a simple fix; emphasize wise, trustworthy support.

Week 4 — Grieving What We Expected

Theme: Unmet expectations deserve honest grief.

Read before gathering: Continue to the next natural chapter break. Notice expectations, disappointments, detours, or losses that shape the reflection.

Optional KJV Scripture references: Proverbs 16:9; Psalm 34:18

Conversation Prompts

1. What is the difference between hope and an expectation we feel entitled to receive?
2. Where have unmet expectations affected how you see God, yourself, or other people?
3. Why can it be difficult to admit disappointment when we are trying to be faithful?
4. What helps you grieve without becoming closed to God or to others?
5. What expectation might you need to place before God with open hands?

Personal Reflection

Finish these sentences: “I hoped that…” “What I am grieving is…” “God, meet me here by…”

NOTES AND PRAYER

Closing Prayer

Compassionate God, meet us in the distance between what we hoped for and what has happened. Hold our grief with tenderness and keep our hearts open to Your presence. Amen.

Host Note

Week 5 — Practicing Trust

Theme: Trust is a daily response, not a demand for certainty.

Read before gathering: Finish the remaining sections of the book before the closing gathering. Notice where trust, faith, release, or choosing the next faithful step becomes visible.

Optional KJV Scripture references: Psalm 37:3–7; Isaiah 26:3–4

Conversation Prompts

1. What does trust mean to you now that may be different from how you understood it before?
2. Where do you want certainty before you are willing to move forward?
3. What is one faithful step available to you even if you cannot control the result?
4. How can trust coexist with wise boundaries, support, and honest questions?
5. What helps you return to God when anxiety asks you to take control again?

Personal Reflection

Write a one-sentence prayer: “God, today I trust You with…” Then write one small action that is within your responsibility this week.

NOTES AND PRAYER

Closing Prayer

God, teach us to trust You in the ordinary choices and unfinished places of our lives. Give us courage for the next faithful step and peace for what we cannot control. Amen.

Host Note

Keep trust concrete. Invite participants to name small, responsible actions rather than broad promises or dramatic decisions.

Week 6 — Closing Gathering: What Remains

Theme: Surrender is a return to God with open hands.

Read before gathering: If possible, spend a few minutes revisiting journal notes or marked reflections from the full book before the final meeting.

Optional KJV Scripture references: Matthew 11:28–30; Philippians 1:6

A Closing-Gathering Rhythm

1. Welcome and take a moment of quiet.
2. Invite each person to share one word for what they are leaving with. Passing is welcome.
3. Choose several reflection prompts below.
4. Allow five minutes for each person to write a personal open-hands prayer.
5. Close with the group blessing.

Closing Conversation Prompts

1. What theme from the book has stayed with you most: relationship questions, inherited beliefs, self-reliance, unmet expectations, trust, or surrender?
2. What did you notice about yourself as you read and talked with others?
3. What have you become more willing to name honestly before God?
4. What is one burden, expectation, or outcome you want to keep surrendering?
5. What support, spiritual rhythm, or faithful action will help you continue after this book club ends?
6. How can this group encourage one another without trying to manage one another's journeys?

Personal Open-Hands Prayer

NOTES AND PRAYER

God, I release: _____ God, I receive: _____ My next faithful step is: _____ The support I will welcome is: _____

NOTES AND PRAYER

Group Blessing

May God meet you in every unfinished place. May He give you wisdom for what is yours to do, courage to receive help, and peace to release what is beyond your control. May you walk forward with faith, wisdom, and open hands. Amen.

Optional Gentle Next Step

If your group would like a more structured Scripture-and-practice experience after completing the book club, you may choose to explore SURRENDERED: A 10-Week Group Study or other SIS Author Spotlight resources when available. There is no required next step; the purpose of this guide is simply to help readers sit thoughtfully with All That Remains and respond to God with honesty.

Notes from the journey

FINAL NOTES